

## PUBLICATIONS

1. Subramani R &, **Nithyanandan DV** (2013) Reach and Academic Use of Various Applications of Social Media: A Survey among the University Students of Tamil Nadu. *American International Journal of Research in Humanities, Arts and Social Sciences*, 3(1), June-August, 2013, pp. 82-86.
2. Kurinchivanan C, Subramani R and **Nithyanandan DV**: Research and Popularity of Social Media among the research scholars of Periyar University, Salem, Tamilnadu: Insights from the pilot study. *Good Governance and Sustainable development*. volume-II. Pg.133-136, 2012
3. Subramanian S, **Nithyanandan DV**. Occupational stress and mental health of cardiac and noncardiac patients. *Industrial Psychiatry Journal* 2009 [cited 2010 Jul 8;18:108-12. Available from: <http://www.industrialpsychiatry.org/text.asp?2009/18/2/108/62270>
4. **D.V. Nithyanandan**: Work Value as Intrinsic Motivation, *Management Prudence*, Vol. 1, 41-47, Dec. 2009.
5. S. Subramanian and **D.V. Nithyanandan**: Hardiness and Optimism as Moderators of the types of Cognitive Emotion Regulation Strategies among Adolescents who had encountered Negative Life Events. *Journal of Indian Health Psychology*, 2, 167-177. Vol. 2, No. 2, Mar., 2008.
6. S. Subramanian and **D.V. Nithyanandan**: Psychiatric symptoms, Type A Personality pattern and Stress coping strategies of diabetic and non-diabetic patients. *Journal of Indian Health Psychology*. Vol. 3, No. 2, Mar., 2009 <http://www.globalvisionpub.com/Bookdesc.aspx?id=1333>
7. Mintu Joy and **Nithyanandan DV**: Internet Usage among female research Scholars. A research book on global business environment and its impact on management education, 305-306, 2011

## CONFERENCES

1. "Development Of A Scale To Assess Behaviour Of Internet Usage Rate (BIUR) Among Research Students" in the International Conference on Educational Psychology between 28<sup>th</sup> & 29<sup>th</sup> November, 2013 at the Women's Christian College, Chennai

2. “Relationship between Internet Addiction and Academic Deviant Behaviours” in the National Conference on ‘Youth - A Catalyst For Social Transformation’ held between 4th & 5th October 2013 at the Little Flower Institute Of Social Sciences And Health (LISSAH), Kalicut.
3. “Internet Social Networking and Internet related problems among Research Students” in the UGC sponsored national conference on counseling and mental health held on 09<sup>th</sup> and 10<sup>th</sup> February 2011.
4. Research Paper entitled “Internet Usage and Internet related problems among research scholars” at the UGC sponsored national seminar on applications of cognitive neuroscience across disciplines held on 16<sup>th</sup> and 17<sup>th</sup> September 2011.

#### **PROGRAMMES ORGANIZED**

1. National Workshop on Basic Skills in Professional Counseling held between 7<sup>th</sup> and 8<sup>th</sup> October 2013
2. UGC sponsored national workshop on applications of projective techniques held on 11<sup>th</sup> and 12<sup>th</sup>, October 2011

**RESEARCH GUIDANCE M.PHIL.**

Sl. No.	Name of the Candidate & Title of the Dissertation	Status
1.	<b>Ms. Minto Joy</b> INFLUENCE OF PERSONALITY ON INTERNET RELATED PROBLEMS AMONG UNIVERSITY RESEARCH SCHOLARS	Awarded
2.	<b>Ms. Tharageswari. S</b> EMOTION REGULATION, SELF-ESTEEM AND MENTAL HEALTH OF ADOLESCENTS WITH LEARNING DISABILITIES AND WITHOUT LEARNING DISABILITIES	Awarded
3.	<b>Ms. Dwithheeya. P</b> ILLNESS COGNITION AND PERSONALITY AMONG CANCER PATIENTS UNDERGOING CHEMOTHERAPY IN KERALA: A CORRELATIONAL STUDY	Awarded
4.	<b>Ms. Dhanya Mol.S</b> RESILIENCE, SELF-ESTEEM AND SELF-EFFICACY AS PSYCHOLOGICAL CORRELATES OF KALARIPPAYATTU	Awarded
5.	<b>Ms. Thenmozhi</b> PSYCHOSOCIAL CORRELATES OF ONLINE DEVIANCY AMONG STUDENTS	Ongoing

## EXTENSION ACTIVITIES

- ⌚ Delivered a Lecture on stress management for the 9<sup>th</sup> and 11<sup>th</sup> Std. Students at Government Aathi Dravidar Welfare School, Salem
- ⌚ Delivered a Motivational Lecture for the Students with Learning Disabilities at Helix Open School, Salem
- ⌚ Chaired a Psychology Session at the 12<sup>th</sup> Conference of Tamilnadu Science Congress held at Periyar University during 23-25 August 2012 at Periyar University, Salem.
- ⌚ Served as Resource Person in Two Days Workshop on “Study Skills” organized by Centre for Women’s Studies, Periyar University on 11th and 12th January 2012 and delivered a lecture on “Listening, Attention and Goal Setting Skills”
- ⌚ Served as Resource Person and delivered a Lecture on “Behavioural Changes towards Adherence of Healthy Life Style” for the workshop on “Overcoming Non Communicable Diseases: Need of the Hour at Shanmuga College of Nursing, Salem.
- ⌚ Served as Resource Person in the Summer Training for Young Student Scientists’ Programme conducted by Periyar University during May 2010

## RESEARCH ACTIVITIES IN PROGRESS

- ⌚ UGC Sponsored Project entitled ‘**Exploring the Psychosocial correlates of online deviant and dishonest behaviour among college students**’
- ⌚ Submitted a thesis entitled “**Influence of Psychological Factors on Problematic Internet Use Among Research Students**” for the award of the Degree of PhD in Psychology
- ⌚ Focused research areas are College/University Students’ Online Interactions, Internet Addiction, Internet Behaviours and Cyber Psychology
- ⌚ Gathering and Creating Tamil terminology for Psychological Concepts and Disorders
- ⌚ Guiding M.Phil., Scholars and PG Students